

Tips to Stay Focused and Motivated During Covid-19 Online Education

Create an Effective Studying System and Take Some Breaks.

As it is in usual times, to successfully learn online, you need to be self-disciplined and dedicate a significant amount of your time. Consistently attend your classes and fully commit to your learning process, just as you would do for a regular course.



Create a study calendar that will help you remember all important dates, like exams, or deadlines for submitting your assignments. You can even create a wall planner, which you can mark up and check every time you study. Make a to-do list of the tasks you need to complete by the end of the week (or day). This is an excellent way to prioritize your study plan and stay on track with your studying.

Your concentration and motivation will decrease if you are feeling tired or frustrated while studying. Integrate some personal time into your study routine and you will be able to work more effectively.

Have a Personalised and Dedicated Study Place.



Everybody works and thrives differently. Create a space that makes you feel studious, energetic, and focused. Whether you decide to study in your own room or in your living room, ensure that this place is quiet, organized, distraction-free.

Consider Having Online Study Partners.

Online learning doesn't necessarily mean learning in isolation. Connecting with your friends online will tremendously enhance your learning experience. Having one or more study partners or working in groups will offer you alternative views of difficult concepts.



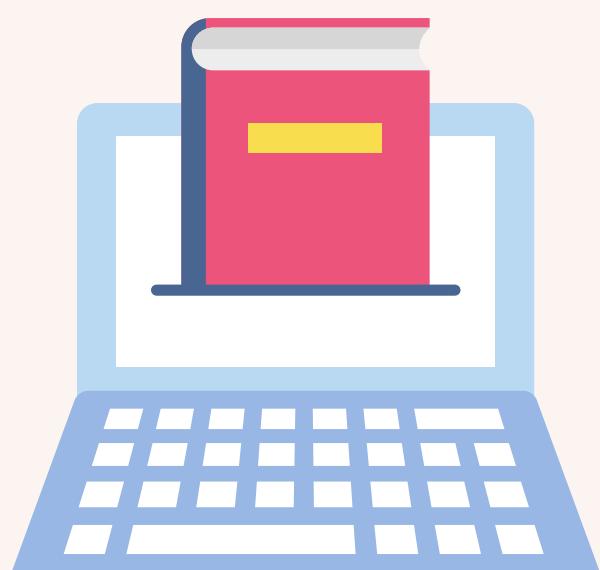
Supporting each other throughout the online learning process can help you to be more focused, motivated and updated. Also, connect with others by participating actively in online discussions.

Develop an Online Education Routine.



Treat online education the way you treat your usual school day. Wake up the same time every day, engage in your usual routine. Plan the rest of your week around your class time and study time. Prepare any materials you'll need for class ahead of time and put a few hours aside everyday to complete readings and assignments.

Don't Underestimate Your Efforts!



Many of you are probably experiencing online education for the first time. Consequently, getting used to it may take some time. Accept that you will have productive and less productive days.

The beauty of online learning is that you can do it at your own pace. When you realize that despite your best efforts you cannot concentrate, consider stopping for an hour or for the night; it is better to wait until you are able to start afresh than to waste your time trying to focus.